

COMBINED HARVEST APPEAL



HELP SUPPORT YOUR FOOD BANK WITH FOOD AND FUNDS THIS HARVEST

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST TOP TEN ITEMS

Milk (UHT / powdered)
Fruit juice (long life)
Tinned rice pudding
Tinned meat and fish
Tinned potatoes
Tinned vegetables
Jars of pasta sauce
Soup, jam, tinned fruit
Biscuits, tea, coffee
Sweet or savoury treats

Don't forget...

You can help transform more lives with a financial donation too.



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bournemouth.foodbank.org.uk

Registered Charity in England & Wales (1143446)