



BOURNEMOUTH FOODBANK

First Floor 118 Haviland Rd
Boscombe
Bournemouth
BH7 6HW

T: 01202 394505

E: info@bournemouth.foodbank.org.uk

Greetings!

Bournemouth Foodbank helps local people in crisis. We do this by providing nutritionally balanced three-day emergency food boxes. These boxes are nutritionally balanced and contain non-perishable produce. They are given to clients who have been referred to us by our network of over 150 frontline agencies, such as Social Services, school pastoral workers and charities.

During the 2018/19 financial year we fed over 7,500 people.

We need your help to keep fighting food poverty in our community.

Please find your Reverse Advent Calendar attached. The food items all add up to the full allocation for a single person's three-day emergency food box.

All you need to do is collect each item and either bring them all to one of our centres or contact us on info@bournemouth.foodbank.org.uk to arrange for our van to collect the items. If you drop the items to us, please include a note to let us know where you have collected from.

Best wishes from the Bournemouth Foodbank Team



Reverse ADVENT CALENDAR

Please check with us to find out our opening times around Christmas and to check if there are any particular items that we're running short of.
Email address: info@bournemouth.foodbank.org.uk | Phone: 01202 394505

1 Tinned Potatoes	2 UHT Milk	3 Jam	4 Tinned meatballs or hotdogs	5 Tinned Rice pudding	6 Biscuits
7 Tea Bags	8 Jars of Pasta Sauce	9 Tinned Vegetables	10 Tinned Fish	11 Long Life Fruit Juice	12 Tinned Ravioli
13 Coffee	14 Tinned Fruit	15 Packet Noodles	16 Crisps	17 Chocolate	18 Tinned Chickpeas
19 Peanut Butter	20 Jars of Curry Sauce	21 Cream Crackers	22 Christmas treat	23 Custard	24 Cereal Bars

bournemouth.foodbank.org.uk

Registered Charity in England & Wales 1143446